



BE ELITE MINI CLINIC HITTING - WITH COACH JOE

March Clinic

4 one hour sessions

Cost

\$170

Limited to 6 players

The Cage Sports Development Center
Monday Nights 3/2, 3/9, 3/16, 3/23

Ages 9-11 from 6-7pm Ages 12 and up from 7-8pm

Become an elite hitter by understanding your swing mechanics. Discover how all your body does within your swing is connected. Create a higher exit velocity and barrel more balls. You will learn everything from proper load to using ground force to generate a higher exit velocity. This clinic is for serious players who want to develop and take their game to the next level.

www.cagesportsny.com | call to sign up - 631-591-9091