



Cancelation Policy

Please reschedule or cancel at least two hours before your appointment to avoid being charged.

The Cage reserves the right to charge you for your appointment for last minute cancelations that are within the two hours before your scheduled time. You will get a confirmation text and email after making your appointment. You will also receive a reminder text or email four hours before your scheduled appointment which gives you two hours to cancel your appointment if needed.

You will be charged for missed appointments without notice.

We are requiring a card be placed on file when booking your appointment. Appointments / bookings are non-refundable if you no show for your appointment.

Please ensure that you responsibly cancel any appointments if you are unable to attend.

Missed appointments or last-minute cancellations take away a limited training slot from another customer at The Cage.

You can cancel your appointment up to two hours before your appointment thru the text or email confirmation or reminder. If you are unable to cancel your appointment via text or email confirmations, please contact us at 631-591-9091 to do so.

Thank you.